

# OCTOBER 2021

# MENLO ELEMENTARY SCHOOL

# BREAKFAST



**Cafeteria Manager: Patricia Bentley**

**Menu is subject to change.**



**Cinnamon Roll Day is October 4.** Start your day in a fun way with a cinnamon roll. Don't forget to add a glass of milk and a side of fruit to complete your meal!

*This institution is an equal opportunity provider.*



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



Gravy Biscuit OR  
Bacon/Egg/Chz Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **1**

Steak Biscuit OR  
Bacon Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **4**

Chicken Biscuit OR  
Egg/Cheese Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **5**

Breakfast Pizza OR  
Sausage Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **6**

Syrup Day OR Muffin OR  
Cereal & Toast  
Fruit  
Juice  
Milk **7**

TEACHER WORKDAY **8**

FALL BREAK **11**

FALL BREAK **12**

FALL BREAK **13**

FALL BREAK **14**

FALL BREAK **15**

Steak Biscuit OR  
Bacon Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **18**

Chicken Biscuit OR  
Egg/Cheese Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **19**

Breakfast Pizza OR  
Sausage Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **20**

Syrup Day OR Muffin OR  
Cereal & Toast  
Fruit  
Juice  
Milk **21**

Gravy Biscuit OR  
Bacon/Egg/Chz Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **22**

Steak Biscuit OR  
Bacon Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **25**

Chicken Biscuit OR  
Egg/Cheese Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **26**

Breakfast Pizza OR  
Sausage Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **27**

Syrup Day OR Muffin OR  
Cereal & Toast  
Fruit  
Juice  
Milk **28**

Gravy Biscuit OR  
Bacon/Egg/Chz Biscuit OR  
Cereal & Toast  
Fruit  
Juice  
Milk **29**